



Welcome to Reception Parent Coffee Morning

8th September 2026



Who are your child's key adults?

Reception Teachers and TAs



Ms Jade
Reception
Class Teacher



Ms Hau
Teaching
Assistant



Ms Phuoc
Assistant

Who are your child's other key adults?



Ms Leanne
Head of EY & Primary



Ms Tina
Early Years and Key Stage 1 Assistant Head
Campus Manager
Designated Safeguarding Lead



Ms Lucy
Cover Teacher



Ms Alex
Music



Ms Aimee
PE



Ms Agnes
Librarian and Cover Teacher



Nurse Nicole



Mr Minh
Swimming



Mr Thanh
Swimming



Ms Celena
EY & Primary
Office Manager



Ms Ngoc
Office



Ms An
Office

What Can You Expect in Reception?

Reception is a very special stage in your child's education. It is where we begin to build the foundations for lifelong learning.

Children will learn through play, which helps them to be curious and creative. They will also continue their journey towards independence, making choices, growing in confidence, and taking small steps in responsibility.

In Reception, every day is full of exciting opportunities to explore, discover, and develop skills that will support them not only this year, but for many years to come.



What Will Your Child Learn This Year?

Prime Areas



Personal, Social and Emotional Development

The children will use the 'Zones of Regulation' to express their feelings and practise strategies to help themselves feel calm, such as five-finger breathing. They will begin building friendships through communication and learn to show respect for others. One of the stories we will use is 'My Body Has a Bubble', which helps children understand personal space and kindness.



Communication and Language

The children will develop their listening skills and learn to share ideas with confidence. We will build new vocabulary through carpet times, play, and learning projects, and they will practise taking turns and listening with talk partners. They will also retell stories and use simple social phrases that help them make friends and communicate effectively.



Physical Development

The children will learn what it means to be healthy and how exercise helps their bodies through our 'Happy and Healthy' topic. We will take part in a fun marathon project to put this knowledge into practice, while also developing independence in self-care, such as dressing themselves and making safe choices. Fine motor skills will grow through activities like Dough Disco, and their bodies will strengthen through movement activities and PE lessons.

Specific Areas

- **Maths** - The children will begin developing problem-solving skills and their understanding of number, shape, space, and measure through practical and fun experiences. Our learning will be guided by White Rose Maths, which helps build these skills step by step in a meaningful and enjoyable way.
- **Literacy** - We will develop a love for stories by sharing a wide range of fiction and nonfiction books. The children will also build their vocabulary, comprehension, and early reading and writing skills through the Twinkl Phonics programme and Letter Join Handwriting.
- **Expressive Arts and Design** - The children will enjoy exploring the work of different artists, including Van Gogh and Kandinsky. They will build confidence in expressing themselves creatively, using a variety of materials and techniques, and take part in art experiences that encourage imagination and self-expression to develop their individuality and artistic skills.
- **Understanding the World-** We will explore the world around us through our exciting topics 'We Are Unique', 'We Are Happy and Healthy', 'We Are Builders', and 'We Are World Explorers'. Together, we will grow our curiosity and deepen our understanding of ourselves, others, and the wider world through hands-on experiences, discussions, investigations, and mini-projects.



What Trips and Special Experiences Will Your Child Have?



Smoothie Making Experience

As part of our learning about healthy choices, the children will plan and create our own smoothies. They will write a shopping list, choose the ingredients, visit Fine Life to buy them, and then follow a recipe to make the smoothies. This project will give the children the chance to practise reading, writing, and speaking in a fun, real-life context.

What Trips and Special Experiences Will Your Child Have?

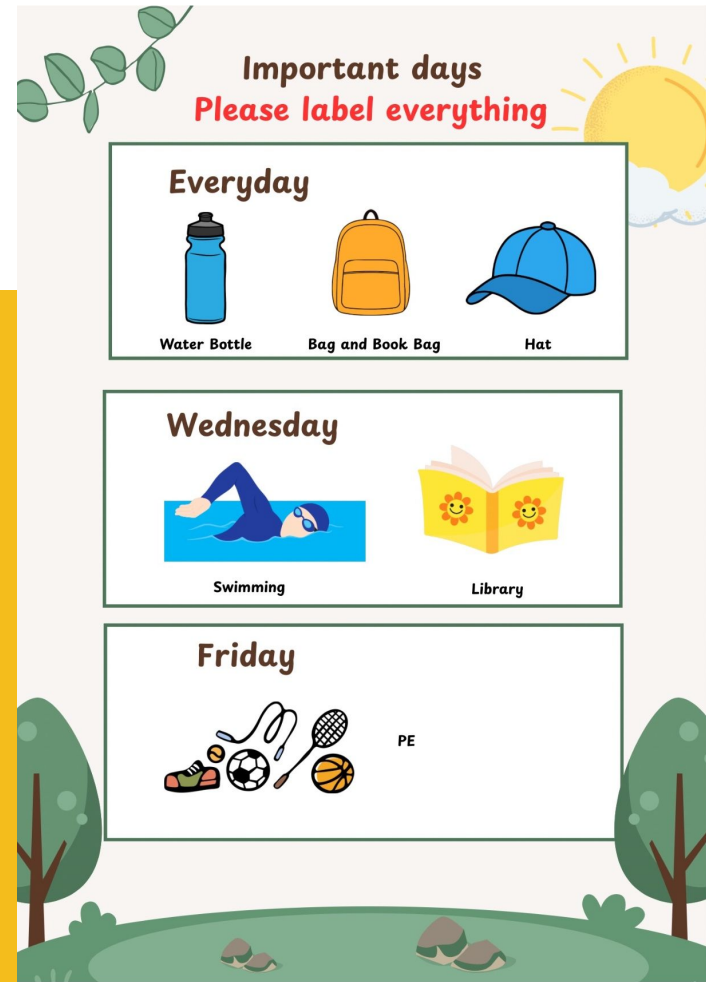


Vietopia: Our World

The children will visit Vietopia to explore the Environmental Research Institute as part of our topic 'Our Wonderful World'. During this trip, they will learn about different animals and their habitats, and discover how we can care for and protect the world around us. This experience will give children the chance to practise their English through reading, writing, and speaking, while also building curiosity and a sense of responsibility for the environment.

Daily Routine

Learning takes place in many different ways through whole-class sessions, small-group work, individual activities, and play. The children will have regular opportunities to explore, practise, and revisit their learning throughout the day. This approach helps them grow in confidence as they listen, speak, read, and write in English across a variety of fun and meaningful experiences.



Zones of Regulation

Through the Zones of Regulation programme, children will learn to recognise their feelings and energy levels, discover which strategies help them stay calm and focused, and practise using these tools in different situations.

This will support them in finding positive solutions and moving towards independent regulation and well-being, while also giving them meaningful opportunities to use English in everyday contexts.



From The Zones of Regulation Digital Curriculum (2024)

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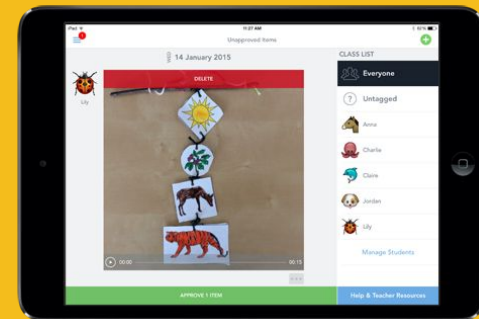
Stay Connected with Seesaw

We invite you to download the Seesaw app and connect to your child's account using the QR code provided.

Through Seesaw, you will be able to see important information, view photos and examples of learning, stay up to date with your child's experiences, and send messages directly to the class teacher. I will also be sharing fun home learning challenges so children can connect what they learn at school with their experiences at home and build stronger understanding.

This will help you follow your child's progress and celebrate their achievements.

If you have any difficulty connecting, please speak to Ms Jade for support.



Supporting Learning at Home

Reception Curriculum Overview Term 1 2026-27 Topics: We are Unique Discover what your child will be learning this term.

Prime Areas

Personal, Social and Emotional Development

We will build a supportive classroom community where every child feels safe, confident, and valued by practicing active listening and respecting one another's ideas. The children will learn strategies to share, take turns, and resolve small play disagreements so they can play respectfully. They will also learn new emotional vocabulary including frustrated and focused, through the Zones of Regulation, which will help them express feelings and practice calming strategies. They will ready *Icy Body Has a Bubble* to support their understanding of personal space and boundaries.



Communication and Language

The children will be supported to become confident talkers and active listeners. They will pair with a friend during group learning to share ideas, answer questions, and practice back-and-forth conversations. Through our Plan, Do and Review approach in play, children will learn to plan their approach in play, children will learn to do, and reflect on their learning. We will also teach them useful phrases to help build friendships and ask to join in play.



Physical Development

Children will build strength, balance, and coordination to support physical confidence and early writing. They will play collaborative games such as large snakes and will play obstacle courses, and move big ladders, navigate obstacle courses, and move big objects together to develop spatial awareness. Children will practice independence after physical education and are dressing themselves after physical education and are swimming. They will also strengthen their hands for a comfortable pencil grip through activities like Dough Disco, drawing life-size outlines, and making large-scale marks.



Supporting Learning at Home Useful activities and ways to help your child.

Make Reading Part of Everyday Life

Encourage your child to enjoy reading books. Build reading into your daily routine and choose physical books whenever possible to develop a lifelong love of reading. It does not matter if you child is discussing books in a language other than English, we want them talking about and engaging with books and stories.



Ideas	
Communication & Language	Talk together during daily routines like cooking, walking, or bathing to introduce new words. Encourage your child to speak in full sentences using phrases like "I think...", "I like...", or "I can..."
Personal, Social and Emotional Development	Use the Zones of Regulation to talk about feelings during different parts of the day. Encourage your child to try new things and play resilient when something feels tricky.
Physical Development	Practice fine motor skills by using playdough at home to build hand strength for writing. Encourage your child to dress themselves independently and practice doing up the zips on their jackets.
Understanding the World	Notice changes in nature, weather, and your local environment when walking together. Ask open questions like "What do you notice?" or "Why do you think that happened?" to develop curiosity and critical thinking.
Literacy	Play sound games at home by spotting starting sounds in everyday objects, using the letter sound (like /k/ for spoon) rather than the letter name.
Mathematics	Spot numbers and shapes together on walks or around the house. Have fun sorting laundry or toys by size and color, and talk about size during play using words like longer, shorter,...
Expressive Arts and Design	Set up a creative space at home with paper, cardboard boxes, and mark-making tools. Let your child freely experiment with joining materials together using tape and glue, focusing on the fun process of making rather than a perfect final product.
General Learning	Remember to check Sesavv. Talk about the posts with your child. Ask them questions about they are doing or who they are exploring with.

Please supervise your child when accessing websites at home and encourage a balanced approach to screen time.

We hope you have received our new and improved Termly Curriculum Overview, designed to give you a clear picture of what your child will be learning each term. We have also included a dedicated 'Supporting Learning at Home' page, packed with practical tips, useful websites and simple ways you can reinforce learning and encourage a love of learning at home.

A Few Helpful Reminders

👉 If someone else is collecting your child, please inform the office and ensure they have their school ID card.

💻 If your child will not attend school, please inform the main office

💊 Medication must be given directly to the School Nurse with a completed medication form, available on the school website.

🎂 Birthdays are celebrated on Fridays. Please contact your child's teacher at least one week in advance if you would like to arrange a class celebration.

☀️ Celebrate Success! We love hearing about our children's experiences and achievements outside of school. Please share these with us via Seesaw.

✉️ Need to contact us? Please contact the School Office at office@theabcis.com, or email your child's class teacher directly: jadegeldard@theabcis.com. We are always happy to help.

Your Questions

Q: Will my child have a nap during the school day?

A: We do not have a designated nap time in Reception. However, we have regular mindfulness and calming sessions throughout the day. These give children opportunities to slow down, calm their bodies, practise breathing, hydrate and have a quiet moment before continuing with their learning.

Q: Can my child bring snack from home?

A: Your child is welcome to bring a snack from home. We encourage you to provide healthy snacks that will help support your child throughout the school day. School does also provide your child with a snack whilst in Reception.

Q: Will my child have homework?

A: We will share short home learning challenges with you through Seesaw. These are practical activities that you can enjoy doing together with your child and will help to link learning between home and school. You can also look at our curriculum overviews to find additional activities and ideas that you can do at home to support your child's learning.